

Café Wren

Soup ■ Salad ■ Sandwich

Combinations

Soup & Half Sandwich	6.99
Soup & Sandwich	8.99
Soup & Salad	10.59

Soup

Daily Soup & Bread 4.95

Ask about today's soup selection. Our soups are made fresh daily and served with ciabatta roll

House Salad & Bowl of Soup 7.95

Mixed greens, veggies and vinaigrette served with soup and ciabatta roll

Buy Fresh Buy Local

Café Wren sources local ingredients whenever possible and is a partner of the St. Croix Falls Buy Fresh Buy Local chapter. We feature organic dairy from Crystal Ball in Osceola, organic produce from Burning River Farm in Frederic, organic beef from Smokey Meadows in Luck and many other local sources for honey, eggs, syrup, apples and vegetables.

🌿 Vegetarian

● Gluten-free bread available upon request

Sandwiches *Served with chips*

6.00 whole 4.25 half

Cranberry Turkey

Smoked turkey, cranberry pecan mayo, cucumbers, red onion and mixed greens on multigrain

Black Bean & Cheese Wrap

Marinated black beans, chipotle sauce, cheese and greens wrapped in a garlic and herb tortilla (only available as a whole wrap)

Mediterranean

Hummus, olive tapenade, feta, cucumbers, red onion, vinaigrette and mixed greens on multigrain

Hot Ham & Cheese

Ham, smoked gouda, honey dijon mayo, tomato and red onion on an asiago cheese bagel (half sandwich served on ciabatta)

Wasabi Tuna

Tuna salad coupled with a spicy wasabi mayo, cucumbers and greens on multigrain

Chipotle Turkey

Smoked turkey, cheddar, tomato, red onion, greens and smoky chipotle mayo on ciabatta roll

Cranberry Chicken Salad

Our signature – all natural chicken with walnuts, raisins and red onion served with cucumber and greens on multigrain

Garlic Gouda

Ham, salami, smoked gouda, garlic spread, tomato, red onion, vinaigrette and greens on ciabatta

Dine In ■ Take Out ■ Open Daily

Salads

Fiesta Salad

Mixed greens topped with marinated black beans, chipotle sauce, cheddar, tortilla chips and vinaigrette 7.95

Greek Salad

Mixed greens, olive tapenade, feta, cucumbers, tomato, red onion and vinaigrette served with toasted pita 7.95

Add salami or a side of hummus for \$1

Candied Pecan, Apricot & Feta Salad

Mixed greens, candied pecans, dried apricots, feta, red onion, cucumber and vinaigrette served with toasted pita 7.95

Sunflower Tuna

Mixed greens, tuna salad, sunflower seeds, red onion, cucumber and vinaigrette served with toasted pita 7.95

Signature Salad

Mixed greens, cranberry chicken salad, cucumber, red onion, tomato and vinaigrette served with ciabatta roll 7.95

Kid's Menu

Served with chips or mix of dried fruit
5.59 whole 3.79 half

Peanut Butter & Honey or Jelly

All-natural peanut butter and organic honey or fruit preserves on multigrain

Little Gobbler

Turkey, cheddar, hummus and greens on multigrain

*More great stuff
& tidbits about us on the back*

ESPRESSO ■ FRESH FOOD ■ WINE & BEER

715.472.4700 ■ www.cafewren.com



Good Morning Menu

In addition to our fresh made bakery items...

Breakfast Sandwich

Scrambled egg, ham, cheddar and dijon mayo on toasted asiago bagel 4.95

Egg & Cheese Ciabatta

Scrambled egg, cheddar and tomato on toasted ciabatta roll 3.95

Organic Oatmeal

Served with steamed milk and topped with cinnamon sugar and almonds 3.59
Add multigrain toast 4.59

Café Wren Granola & Yogurt

Honey sweetened granola with raisins & walnuts coupled with vanilla yogurt 3.59

Toasted Cinnamon or Asiago Bagel

Served with cream cheese 2.79

Toast & Peanut Butter 1.59/slice

Yogurt Fruit Smoothie

16 oz serving of real fruit & lowfat yogurt any combination of – strawberry, banana, blueberry and raspberry 4.59

Orange Ginger Lassi

A traditional yogurt based drink from India... our blend contains orange juice, minced ginger, vanilla yogurt and ice 4.59

Beverages

Organic Coffee ▪ Americano

Cappuccino ▪ Latté

Mocha ▪ White Chocolate Mocha

Chai ▪ Hot Tea ▪ Hot Cocoa

Mexican Hot Cocoa ▪ Steamer

Iced Tea ▪ Cold Press Coffee

Raspberry Lemonade

Frappes ▪ Malts & Shakes

Flavors

vanilla, almond, hazelnut, chocolate, caramel, english toffee, coconut, raspberry, white chocolate and crème de menthe

Sugar-free: hazelnut, caramel, and vanilla

Beer & Wine

We feature locally brewed beer—ask about our current selection 3.59 / bottle

Wine

Pinot Grigio Tezza, Italy 10 /btl. (375ml)

Valpolicella Tezza, Italy 12 /btl. (375ml)

About Us

Café Wren opened in 2003 with a commitment to provide support to local farmers, operate in an environmentally responsible way, serve as a community meeting place and provide meaningful employment. We believe in sustainable practices and feel everyone should have access to good food from farmers they know. We also consider the social and environmental impacts of our business decisions. Our take-out packaging is made from corn not plastic and our hot water system is powered by the sun!

Local Artwork

Look around, you'll see our walls are decorated with new artwork every few months by local artists. Artwork is for sale and ready to take at time of purchase. Café Wren also hosts annual art sales: the Garden & Art Sale in May and the Holiday Art Sale in December.

Walk or Bike Here

The Gandy Dancer Trail begins in St. Croix Falls and passes directly behind Café Wren and continues north to Frederic and beyond! The short distances between towns make the Gandy Dancer extremely user friendly with easy access for food, lodging and scenic areas to explore.

Café Wren

715.472.4700



► **Café Wren Soup Recipes** are now available on Postcards!

For information about upcoming events at Café Wren visit us on-line: www.cafewren.com